

Rialto Unified School District

May 1, 2024 thru May 3, 2024

Base Menu Spreadsheet

EL Classroom Breakfast #2

Portion Values - Detailed

Page 1

Generated on: 5/1/2024 6:47:29 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/01/2024																
EL Classroom Breakfast #2	Total	4950														
Bar, Benefit Apple Cinn '22	1 EACH	4950	290	15	240	3.00	1.80	20.0	110	0.0	22	5.0	48.0	9.0	3.00	0.00
Crisps, Apple-Strawberry '22	BAG	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG	4950	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			439	18	376	4.93	2.48	276.1	644	0.15	47	13.18	77.40	9.15	3.09	0.00
% of Calories											42.4%	12.0%	70.5%	18.8%	6.3%	0.0%
Nutrient Guideline			350-500		540											<10.00

Thu - 05/02/2024																
EL Classroom Breakfast #2	Total	4950														
Pancakes, Confetti Bites 2022	pkg	4950	210	10	210	4.00	3.60	20.0	1000	0.0	11	4.0	36.0	7.0	1.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4950	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			355	13	346	6.00	4.46	286.1	1550	123.77	35	12.18	63.76	7.15	1.09	0.00
% of Calories											39.2%	13.7%	71.9%	18.2%	2.8%	0.0%
Nutrient Guideline			350-500		540											<10.00

Fri - 05/03/2024																
EL Classroom Breakfast #2	Total	4950														
Pancakes, Confetti Bites 2022	pkg	4950	210	10	210	4.00	3.60	20.0	1000	0.0	11	4.0	36.0	7.0	1.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	1	60	0	10	0.00	0.00	0.0	60	30.0	12	1.0	14.0	0.0	0.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	4950	60	0	10	0.00	0.00	0.0	60	30.0	12	1.0	14.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			381	13	356	4.00	4.28	276.1	1560	30.15	41	13.18	69.76	7.15	1.09	0.00
% of Calories											42.8%	13.9%	73.3%	16.9%	2.6%	0.0%
Nutrient Guideline			350-500		540											<10.00

Weighted Average			391	14	359	4.98	3.74	279.4	1251	51.36	41	12.85	70.31	7.82	1.76	0.00
											93.5%	13.1%	71.8%	18.0%	4.0%	0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Portion Size Reimb Qty Cals (kcal) Cholst (mg) Sodm (mg) Fiber (g) Iron (mg) Calcm (mg) Vit-A (IU) Vit-C (mg) Sugars (g) Protn (g) Carb (g) T-Fat (g) S-Fat (g) Tr-Fat¹ (g)

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	391		350 - 500	100%				
Cholesterol (mg)	14							
Sodium 1 (mg)	359		540	67%				
Fiber (g)	4.98							
Iron (mg)	3.74							
Calcium (mg)	279.4							
Vitamin A (IU)	1251							
Sugars (g)	41	41.56%						
Vitamin C (mg)	51.36							
Protein (g)	12.85	13.13%						
Carbohydrate (g)	70.31	71.84%						
Total Fat (g)	7.82	17.97%						
Saturated Fat (g)	1.76	4.04%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.